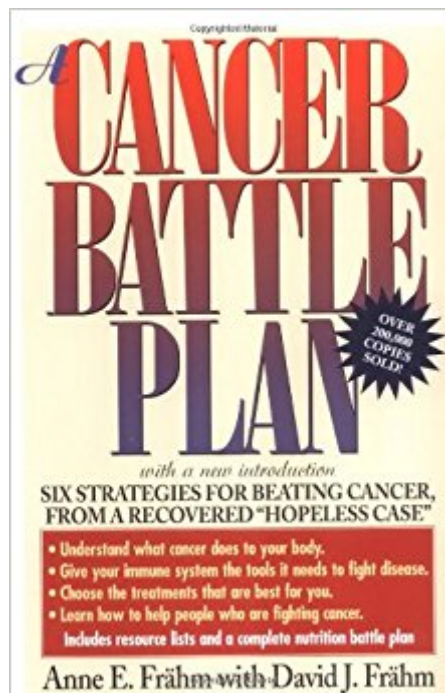




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# A Cancer Battle Plan: Six Strategies For Beating Cancer, From A Recovered "Hopeless Case"



## Synopsis

When Anne Frahm discovered she had cancer, it had already spread from her breast to her shoulder, ribs, skull, and pelvic bone, and had eaten into every vertebrae in her spine. Doctors prescribed the traditional treatments of surgery, radiation, and chemotherapy, but Anne continued to sicken. Yet, throughout the course of her disease the author persisted in researching the connection between cancer and nutrition. She formulated a comprehensive battle plan and within five weeks of implementing it, her cancer disappeared without a trace. She has been cancer-free ever since. As *A Cancer Battle Plan* takes us along on Anne Frahm's journey of reclaiming her body and health, we learn: the nutritional rebuilding process that can help us win the war against cancer; how specific preventive measures can neutralize cancer and other degenerative diseases; how to find a team of doctors and professionals that will help battle cancer most successfully; how to encourage and help someone fight cancer; and how to keep a fighting spirit and maintain morale. With a new introduction by the author, *A Cancer Battle Plan* is a riveting account that has helped tens of thousands and is an invaluable nutritional program for anyone wishing to recover or perpetuate their good health.

## Book Information

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## Customer Reviews

Despite many deficiencies I really liked the book because it got the big picture and had useful suggestions. It doesn't mention a low carbohydrate (ketogenic) diet that prevents the cancer from growing. There is compelling evidence presented by Seyfield in *Cancer as A Metabolic Disease* that sugar and carbohydrates are responsible for the rapid growth of cancers. And that depriving the

tumor of sugar and carbohydrates that convert to sugar will halt the tumors growth. This is very important for a holistic approach like this book recommends because it takes time to detoxify the body. A ketogenic diet slows or stops the growth of the tumor so one has plenty of time to detox. I especially liked the discussion of emotional and spiritual factors in cancer. But the book does not mention that when there is emotional shock from the death of a loved one as the cause of cancer you need to treat the imbalanced meridians that lock the emotional trauma in the body. Acupuncture or acupressure are the only effective ways of correcting the imbalanced meridians. The book is good for people who want to deal with cancer in a holistic manner but cant afford the big alternative cancer clinics. Not enough about the toxins that cause cancer and how to deal with them either. Infrared Saunas are good for some kinds of toxins, coffee enemas are better for others. Was it pesticides, dioxanes from sunscreens or cosmetics, underarm deodorants containing aluminum? What caused your cancer? Treat the cause.

Fantastic, informative and helpful book. It is full of hope & encouragement that there is truly life after cancer. I bought copies for my entire family for Christmas!

My husband was the one reading it and evidently I was learning a lot from it, as well. I will recommend this to everyone who has or has had cancer. Great information and very practical.

Anything from a natural perspective I like. I am studying to be an ND so this is a book I needed for school. I think it would be great for you to read it and learn because I know these practices work!

Well written. If you have lost someone to cancer, especially recently, this book will get your attention. It's moving me toward a more vegetarian diet and a far greater understanding of the causes of degenerative disease.

This is an excellent book that can be read in 1 evening. I highly recommend it. I've read a ton of cancer support books using nutrition and detox and this book does a wonderful job summarizing what options you have.

I highly recommend this book for... EVERYONE. The author provides fantastic information from cause to method to recipes. If you eat the typical American diet, you need to read this book. It is easy to understand, so you cannot use that as an excuse.

I, too, was a hopeless case. Diagnosed with breast cancer to the liver almost two years ago. I was told I would live 6 month with no treatment and might extend my life two years with treatment but that the cancer would never go away. A friend suggested this book and it gave me hope. I looked for all the areas I could find hope and believe me anyone diagnosed with a terminal disease needs hope. I did not follow everything in the book but I was able to see that diet and the immune system was going to be an intergral part of my cure. I wouldn't say it holds all the answers, but I would definitely recommend this book to anyone with a diagnosis of cancer. She simply shared what she did and how she did it. I did it a little differently, but I have had two normal liver scans. I did do conventional therapy as well as natural therapy and diet, concentrating on building up the immune system. Just remember, your doctor does not have the last word on whether you survive - he makes a diagnosis but you do not have to accept his prognosis.

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